



NAVIGATE

Helping Families Navigate Suicide Risk

September 26-28, 2019

9:00am - 4:00pm

Registration at 8:30am

Louisville, KY

Cost of training: \$350

Lunch and Light Refreshments will be provided.





Register at
bit.ly/Reg-NAVIGATE

**18 hours
SW & MFT
CEUs**
pending board approval

Whether working with youth or adults, we have all seen how family dynamics can either help or hinder suicidal feelings. Often, family members desperately want to help but do not know how. This training will give you the tools you need to understand how to navigate family dynamics when working with suicidal individuals. You'll leave with a better understanding of suicide risk, what family members can do, and tip sheets for talking directly with individuals and their families.

DAY 1





Suicide Risk and Assessment Overview

-  Suicide prevalence and terminology
-  Conducting suicide risk assessment
-  Managing ongoing suicide risk
-  Determining appropriate response based on risk level

(Meets requirements for suicide prevention training required by KRS 210.366)





DAY 2

Understanding Family Factors

-  Youth and adult development
-  Family dynamics that contribute to risk
-  Individuals' experiences to family response to suicide
-  Family communication about suicide

DAY 3

Guidelines for Moving Forward

-  Adopting family context during assessment process
-  Incorporating family in safety planning
-  Navigating tough family conversations about suicide
-  Overview of family-based treatment models



Dr. Laura M. Frey is a Licensed Marriage and Family Therapist and an Assistant Professor in the Couple and Family Therapy Program in the Kent School of Social Work at the University of Louisville. She has extensive clinical experience providing suicide risk assessments and crisis intervention with individuals and their families. She studies the intersection of family processes and mental health. With funding from the American Foundation for Suicide Prevention, she is currently researching family dynamics after an adolescent attempts suicide.

For more information, please contact:

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CENTER FOR FAMILY & COMMUNITY WELL-BEING



KENT SCHOOL OF SOCIAL WORK

COUPLE AND FAMILY THERAPY PROGRAM