

Tips for Prescription Safety*

- Do not take medications that aren't prescribed for you by your health care provider.
- Consult your provider before combining sedatives or anti-anxiety drugs with pain medications.
- Do not use opioid (narcotic) medications as sleeping pills.
- Do not take pain medication with alcohol.
- Never give your prescription medicine to someone else, for any reason.
- Do not suddenly stop taking a medication.
- Make a list of all your medications and bring it to each medical appointment.
- Lock up painkillers to keep them safe.

* Source: National Pain Foundation

HOW DOES MEDICATION MONITORING HELP YOU?



The use of some drugs in combination can be harmful. Medication monitoring helps your doctor decide on the treatment that is best for you. It can encourage an open discussion with your doctor about your medications, and can help to keep you safe.

MEDICATION MONITORING AND WHAT IT MEANS TO YOU



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MEDICATION MONITORING & WHAT IT MEANS TO YOU

WHAT IS MEDICATION MONITORING?

Medication monitoring is a process that helps your Health Care Provider (HCP) understand what medications you are currently taking which could interfere with your prescribed medications. The results allow your HCP to properly prescribe medication as part of your treatment plan.

WHY PERFORM MEDICATION MONITORING?

Prescription medications are a common form of treatment for chronic pain and other conditions. However, each person reacts differently to them.

Medication monitoring provides your HCP with essential information for the safe and effective use of your medications.



WHAT IS THE MEDICATION MONITORING PROCESS?

Your HCP will give you directions on how to provide a sample of urine or oral fluid for testing. Please follow the instructions carefully. The collection device provided by your HCP may contain instant read strips. Please do not tamper with the test strips. Your HCP will interpret the results and may send the sample to an outside company for further analysis.

WHAT HAPPENS ONCE MY SAMPLE IS SENT TO MILLENNIUM HEALTH?

The lab will run a series of tests to confirm the levels of both prescribed and non-prescribed medications in your system. Your doctor has selected Millennium Health because it usually returns results within one day. Your doctor may use these test results to decide on the best treatment plan for you.

ARE MY RESULTS CONFIDENTIAL?

Yes. Millennium Health complies with Health Insurance Portability and Accountability Act (HIPAA) regulations.

HOW OFTEN WILL I BE TESTED?

Your doctor will determine when you will be tested based on your medical needs.

HOW DO I PAY FOR THIS TEST?

The laboratory will bill your insurer directly for its services. Then, your insurance company will send you an Explanation of Benefits (EOB). The EOB is not a bill. It is simply a statement that shows how your insurer processed the claim for the test. Depending on your insurance carrier, you may receive a statement for a co-payment or a deductible.

For questions call **Patient Billing** at Millennium Health

877.451.7337 *en Español ext. 3205*

